

# Owen Sound Minor Lacrosse Equipment Checklist



- CSA Approved Helmet and Cage
- Mouth Guard
- Gloves – Hockey Gloves are Acceptable
- Shoulder Pads – Hockey Pads are Acceptable
- Kidney Pads
- Jock
- Slash Guards
- Running Shoes
- Lacrosse Stick
- Black Shorts

\*\*\*\*\*Lacrosse jersey supplied\*\*\*\*\*